



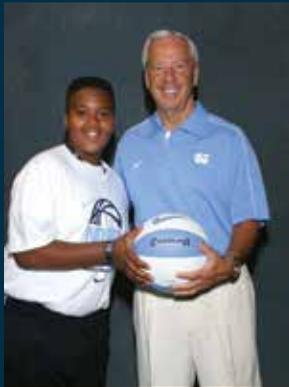
this issue

Electric Lines 22

Recipe 23

Boat & Water Safety 23

College Scholarships 24



Jalen Lockhart poses with UNC Head Coach Roy Williams.



Stephanie Branch and NC State Women's Basketball Coach Wes Moore

Local Students Win Basketball Camp Scholarships

Two local students shot hoops and ran drills with college coaches and athletes during basketball camps at North Carolina State University and the University of North Carolina, thanks to a scholarship from Halifax EMC.

Jalen C. Lockhart won a Touchstone Energy Sports Camp Scholarship to attend the June 15–19 Roy Williams Carolina Basketball Camp in Chapel Hill. Jalen, a rising seventh-grader, is the son of Cecelia M. Lockhart of Roanoke Rapids.

Stephanie Branch, a rising seventh-grader at Hobgood Academy, attended the Wes Moore Wolfpack Women's Basketball Camp at NC State University in Raleigh August 1–4. Stephanie is the daughter of Stephen and Tracy Moore of Williamston.

Scholarship winners were selected based on an application that included academics, extracurricular

activities and an essay. At camp, students stayed on campus in a dorm. Jalen had the opportunity to work directly with Roy Williams, his coaching staff, and current and former Tar Heel basketball players. Stephanie worked directly with Wolfpack women's players and coaches.

This is the 10th year that the state's Touchstone Energy cooperatives, including Halifax EMC, have sent young women to camp at NC State and the eighth year that scholarships have been provided for young men to attend the Roy Williams Carolina Basketball Camp in Chapel Hill.

The scholarships are sponsored by North Carolina's Touchstone Energy cooperatives, and are available to middle-school students every year.

Charles H. Guerry

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Business Hours

8:30 a.m.–5 p.m.

Locations

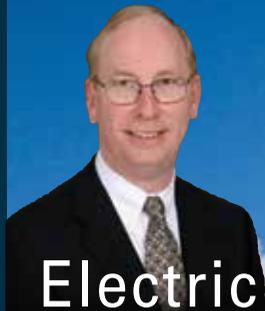
Enfield/Macon: (252) 445-5111

www.halifaxemc.com

Tell Us...

Halifax EMC is your electric cooperative. Your comments and questions are very important to us. Please tell us how we may improve our service.

Return your comments/questions along with your payment, or e-mail them to bamartin@halifaxemc.com. Specific account questions will be answered personally. Remember to include your account number for these types of questions.



Electric Lines

“Farmers have to keep a careful eye on energy use.”

by Charles H. Guerry

Executive Vice President & General Manager

Growing grains feeds the nation, but farmers have to keep a careful eye on energy use. Delivering water to crops costs \$2.6 billion energy dollars every year, according to the U.S. Department of Agriculture. The National Sustainable Agriculture Information Service reports 25 percent of that energy was wasted due to poor irrigation pump and motor efficiency.

Farmers can call Halifax EMC for free energy advice at (252) 445-5111. Here are a few ways to start saving today:

1. **MAINTAIN:** Maintain equipment and facilities following manufacturers' recommendations for proper use and maintenance.
2. **TURN OFF WASTE:** Turn off equipment when not in use or needed. Educate employees on the importance of not running all equipment at the same time.
3. **MOTOR SAVINGS:** Use National Electrical Manufacturers Association (NEMA) Premium Efficient electric motors. These highly efficient products meet the needs and applications of the

farmer and manufacturers based on a consensus definition of “premium efficiency.” Learn more at www.motorsmatter.org.

4. **WATCH RATINGS:** Always consider energy consumption ratings when replacing or installing new equipment. Typically, the lowest cost equipment is the least energy efficient.

Want more ways to save on the farm? Use the animal housing, irrigation, nitrogen, tillage, and grain drying energy calculators at EnergyTools.sc.egov.usda.gov.

Also, funding for efficiency upgrades is available through the Rural Energy for America Program (REAP). Since 2008, REAP has funded more than 6,800 renewable energy and energy efficiency grants and loan guarantees as well as 600 farm energy audits. Get details at www.rurdev.usda.gov > Energy > Rural Energy for America Program.

Source: Ensave.com, National Sustainable Agriculture Information Service, USDA



Our Energy, Our Future

A Dialogue With America



Boat & Water Safety

Labor Day marks the end of summer and for many it's a last-ditch effort to visit that favorite getaway. Bodies of water are popular destinations for travelers on Labor Day. Boats can be a lot of fun if used safely.

- Just as you need to buckle up in the car you need your life jacket for the boat. By U.S. Coast Guard and state law requirements, everyone in the boat needs a personal flotation device.
- Make sure you have a tow rope and dock lines. If you ever break down these will come in handy.
- Keep an eye on the weather. If it starts to storm you need to dock your boat and get out of the water; water conducts electricity.
- Never jump off the boat and onto the dock before the boat has been properly secured. The boat could move causing potential injury.
- Always keep an eye out for swimmers and other boaters when on the water. Be respectful and give everyone space.
- Heed rip tide warnings from life guards. If you are at a beach without a lifeguard pay attention to local news channels for more information about rip tides.
- Make sure you carry a two-way radio or cell phone with you on the boat in case you need to call someone. Put it in a dry bag to prevent water damage.
- Always carry a signaling device such as a horn, whistle or flare in case of emergency.

Labor Day weekend is a time to get away, have fun and enjoy friends and family, just don't forget to be safe. While you are packing the snacks and drinks for the trip don't forget a first-aid kit. Happy Labor Day!



Photo courtesy: Lake Gaston Gazette-Observer



RECIPE OF THE MONTH

Basic Muffins

- 1 cup milk
- 1 tsp white vinegar
- 1 cup oatmeal
- 1 large egg
- $\frac{1}{4}$ cup brown sugar
- $\frac{1}{2}$ stick of butter, melted and cooled slightly
- 1 cup plus 2Tbs whole wheat white flour
- $\frac{1}{4}$ tsp salt
- 1 tsp baking powder
- $\frac{1}{2}$ tsp baking soda
- $\frac{1}{4}$ tsp nutmeg
- $\frac{1}{2}$ tsp cinnamon

Add-ins: whatever you like (blueberries, apples, carrots and raisins)!

Mix milk, oats, and vinegar in a bowl. Allow to sit for 1 hour.

Add remaining ingredients and add-ins. Spoon into a greased muffin tin and bake at 375° for 12–18 minutes. Time will vary depending on what add-ins you use.

Source: Simple Bites



College Scholarships Awarded

The Directors and Management of Halifax EMC believe that the future is in the hands of today's youth. Development of tomorrow's leaders is achieved through educational opportunities today. To this end, Halifax EMC provides several scholarship opportunities and is happy to announce the following recipients.

The Slade-Ellen Scholarships are two \$375 scholarships awarded annually to high school seniors whose parents/guardians are members of Halifax Electric Membership Corporation.

Sydney Rae Fox of Roanoke Rapids is the 2013 recipient of the Thomas B. Slade III Scholarship. Sydney is enrolled at NC State University and plans to study Biology.

Carlita Shareeka Mata of Warrenton is the 2013 recipient of the James T. Ellen Scholarship. Carlita is attending NC Wesleyan College and plans to study Psychology.

Halifax EMC also awards the Lurene R. Brown Memorial Scholarship each year to any child of an active Halifax EMC employee. There were two seniors this year who received the \$250 scholarship; John Colby Short, son of Jeffrey

Short, attending Halifax Community College and Megan Elizabeth Mohorn, daughter of Melanie Mohorn, attending Meredith College.

The Volunteers In Action provide annual scholarships as well. Six deserving young men and women were chosen to receive the Volunteers In Action's Educational Opportunity Scholarship this year!

They are: Trequan McGee of Enfield, attending NC A&T State University; Takia Daniels of Enfield, attending Fayetteville State University; Katherine Hicks of Raleigh, attending East Carolina University; Sydney Fox, of Roanoke Rapids, attending NC State University; Melvin Mills, Jr. of Littleton, attending Elizabeth City State University; and Adrianna Nicholson of Enfield, attending Winston-Salem State University. Each received a \$200 scholarship.

The Youth Tour Scholarship is also given by the Volunteers to attendees of the previous year's Youth Tour. Michael Leonard of Warrenton, attending NC Wesleyan College, and Ja R'eika Smith of Scotland Neck, attending NC Central University, both attended the 2012 Youth Tour, and each received a \$250 scholarship.

Holiday Closing

The offices of Halifax EMC will be closed on **Monday, September 2,** in observance of **Labor Day**



Energy Efficiency

Tip of the Month

Like homes and other businesses, farms of all types can lower their electricity bills by turning off or reducing use of lights and small equipment in outbuildings. Timers and sensors can help, too. Regular cleaning, maintenance, and seasonal tune-ups help keep larger equipment running at top efficiency.

Source: E Source